



**INTERNATIONAL
POLICE ASSOCIATION**
INTERNATIONAL EXECUTIVE BOARD

IPA Newsletter

March 2021

IPA Unites Virtually



IPA Virtual Race Week
German member Vanessa P. getting ready to run

WORD OF INTRODUCTION

Predictability, Challenges, Innovation and Membership

In 2020, we said goodbye to predictability. Now more than ever, the IPA can only thrive if we focus on a seamless end-to-end experience. The key to success is to make every interaction with members matter, by ensuring every moment throughout a member's journey is flawless. I will not go into detail how delivering outstanding seamless experiences will bring you closer to your members, or highlight the latest innovations made to help sections be successful. I know you all work hard to deliver online solutions such as webinars, themed meetings and board meetings.

Throughout 2020, the IPA had to innovate and find solutions to some of the challenges which arose due to a lack of possibilities to meet in more traditional ways. One of the main tasks initially was to use technology efficiently to reach our members, and to reduce the impact of social distancing.

The role of secretary general, in sections and on the international level, has seen a noteworthy change during the past year. The approach to ensure safety and security has been applied more consistently across the IPA, at work and in our personal lives. We have adjusted our working environments and made a collective effort to respond to Covid-19, and have altered our approach to risk and how personal safety solutions are specified. There has been a transition of work methods that most likely has had a direct impact on many board members – regional, national and international. I know that major decisions need to be made in our day-to-day work; however, the best decision is to join the IPA, and to be part of a network with experience and a strong will to continue the aim of our association.

Listening to all IPA members and their needs is crucial, as we are from across the globe, and the IEB composition is more “European” in the set-up decided by the delegates of the World Congress 2019. As every member of the IEB, except the President, I am assigned liaison sections, however as Secretary General, I have the privilege of serving all sections. I am therefore incredibly happy to be in contact with sections on all continents. Global diversity needs to be reflected in the IPA when we ask someone to become involved. Local events and gatherings are an opportunity for members to broaden their way of thinking and expand their network, and I would like to see branch and regional volunteers as a powerful and sustainable network, when we tirelessly endeavour to make the IPA attractive to join.

One of the responsibilities of the Secretary General is the development of Foreign Associate Membership (FAM) and new IPA sections, and I am therefore dealing with numerous requests from police officers serving in countries without an IPA section, who are interested in becoming members.



The largest number of FAM requests comes from Africa and Asia, closely followed by South America. I provide advice and liaise with neighbouring IPA sections, and my grateful thank-you goes to all sections who accept FAM's in accordance with their national statutes. Hopefully the numbers in these countries will grow, and within a suitable time, new sections can be added to our association. The Dominican Republic, supported by IPA Spain, and Trinidad & Tobago, supported by IPA USA, are the next countries in the pipeline, and without the pandemic, both of them would by now be able to call themselves "Section in Foundation". We are waiting for better times, and I am looking forward to the day we can invite the members to the Founding Meeting together with their sponsor sections.

The impact of Covid-19 and the new normal means that our focus is on health and safety before we start our daily business. The year 2021 offers a light at the end of the tunnel, with vaccines arriving, although it will take a while for us all to be immunised. We need to be patient and ensure our friendship flourishes in the cyber world.

What we know of today, is learned from history, and will be of good use in our future efforts. In friendship, I wish you health, happiness and safety.

May-Britt V.R. Ronnebro, IPA Secretary General

AROUND THE WORLD

Winning Images from IPA Romania's Photo Competition

Dear friends,

Since we are still in a critical period with regard to the coronavirus pandemic, we are forced to limit physical contacts.



Thus, due to the challenges we are facing, many of the activities for the members of the IPA Romanian Section are carried out in the virtual environment.

The photographic art competition held during the period from 25.01.2021-14.02.2021 surprised us by the extraordinary quality of the materials transmitted by our members. The jury, made up of professional photographers, positively appreciated the entire event, emphasising that the talent and passion of the competitors was obvious.

Andrei Daniel

Because every contest has winners, the jury had a difficult mission deciding on a ranking:

Competition Winners:

1. Savescu Flavian Sergiu
(IPA 1 Caras-Severin)
Photo : top right
2. Iachim Doru
(IPA 1 Constanta)
Photo: bottom right
3. Resiga Relu Cristian
(IPA 3 Hunedora)
Photo: bottom left



The popularity prize was won by Andrei Daniel from IPA 14 Bucharest (see photo on the previous page).

We wish success to all participants, and in the future, maybe we will be able to organise a physical meeting with those who share this passion.

Mihai-Liviu Tărtăreanu, President IPA Romania

Cold Water – do you dare? A refreshing article from IPA Slovenia

While some people are trying to keep warm in their thick coats and woollen hats, others are getting ready for a cold refreshment. Amongst them is an IPA member, the president of IPA Slovenia's Regional Club Postojna, Stanislav Šajn. We asked him to present us some of the benefits of winter diving in cold water.

“All my life I enjoyed challenging myself. Coldness is nowadays a substantial fear, although our parents spent most of their time walking around barefoot, living in much colder temperatures, and our mothers and grandmothers used to wash clothes in frozen rivers.

Three years ago, I could not attend the new year's dive in the sea due to work obligations. Thus, I decided to release some of the stress by jumping in Lake Cerknica by myself. I read a bit about cold water swimming on the internet, realised that it is nothing dangerous for humans, and besides, thousands of people around the world practice it. So, I grabbed my swimming trunks, towel and off I went. I also took a heart rate monitor to observe how my heart would react to such a shock.



My son went with me so that I was not going there by myself. I broke a little bit of ice, put my swimming trunks on in the snow, and was interested to see if I could survive! The first two dives were successful. The first time I spent about one minute in the water, then walked a bit and returned for another two minutes of diving. My heart rate was up to 130, similar to completing an easy run. After I had warmed up again, I felt euphoric, excited and happy.

The first dive led me to do some research and I came across Emil Ledenko, who already knew a lot about this and was spreading his knowledge around Slovenia. We

arranged a short meeting, and I began visiting the valley of Kamniška Bistrica. Regular breathing exercises and showering with cold water became a daily habit.

My body's response was great; better regeneration after training, a better mood, and it became easier to deal with stress at work, which is occasionally overwhelming.

This method is nowadays known as the Wim Hof method, as Wim Hof connected the old Tibetan and yogic methods, from Tummo meditation and Pranayama – various breathing techniques and holding breath, into a simple method, that anyone can learn in a few days and enjoy. If desired, one can also travel deeper, closer to oneself.

In the last three years, and especially now during the "corona times", we discovered local sources of cold water, because even in summer time, when the temperature of open water is above 10 or 20 degrees Celsius, we can find natural sources, pools, where we can enjoy the interaction with oneself and nature at 8 or less degrees.



Yes, for the majority of "normal" people this is difficult to imagine. However, if we allow ourselves to step out of our comfort zone, which mostly means sitting on a couch, and temperatures between 20 and 28 degrees, and when we are out of this range, we immediately use air conditioners, heaters ..., nature and our body can award us with better physical and mental health. The breathing technique itself and then meditation in cold water initiate many healthy processes in the body – we fuel our body with oxygen to the last cell, use up the accumulated cortisol, which is known as a quiet killer, and other stress hormones, while releasing dopamine, serotonin, and other positive hormones, which help with healing the body and anti-ageing.



In addition, as a member of a group for psychological help in the Police, as police advisor, I see this method as a tool that can lead an individual to deal better with their stressful profession and thus improve their overall health.

Our movement became well known, "Ledena družina in Pingvini (Frozen Family and Penguins)", we are often mentioned in various media, our friend Emil Ledenko is carrying out seminars, and we are spread all over Slovenia. There are also more and more IPA friends attending our dives; plus I noticed on social media that these healthy methods are practiced by an increasing number of IPA members, also elsewhere in Europe and around the world.

Over the past three years, many like-minded individuals have joined, with whom we are discovering the nature around us as "Notranjski pingvini": waterfalls, lakes, searching for health in nature and within ourselves. We are aware that in the first place we are the ones responsible for our health and aside from our physical health, with healthier food, we are also improving our health at all levels, "mens sana in corpore sano".

Stanislav Šajn, IPA Slovenia

Cross-Border Police Training – Thanks to the IPA!

It has been at least a year now with most of the world impacted in some way by the Coronavirus pandemic. National lockdowns, travel restrictions, sickness and, sadly, fatalities. The impact of the pandemic on the International Police Association, Police services/agencies and our family life has been huge.

In the summer of 2020 my friend and colleague from Bonn, Germany, got in touch with me here in the UK with an idea on how to use the wonderful links and networks of the IPA to benefit his work and ultimately his



students. Andreas Piastowski is the Police Director with the Bonn Police Authority and regularly teaches new German police officers as they begin their career in policing.

Andreas sums up his idea far better than I can;

“In a globalised world, police officers not only have to know the law and their arresting techniques. They also have to be able to communicate in the world’s common language: English. It’s the modern lingua franca for police officers used from encounters with tourists asking their way, or fining traffic violations; to mutual legal assistance, international police co-operation and police-missions abroad. That’s why police cadets in North Rhine-Westfalia are also taught English for police offers. Like any other profession, the police uses special terms and phrases on the job, which are not taught during standard school lessons.

The English lessons cover police organisation, equipment, gear, education and training as well as common scenarios like missing persons, reporting a crime, having an accident or simply asking the way. It worked well at the academies until COVID kicked in last year. Police academies became virtual and Zoom-meeting lessons routine. Those virtual classes required new ways of teaching. So, why not use the opportunity to invite colleagues from other countries into these English classes to talk about their daily work, their equipment, their organisation and their experiences?

The International Police Association was eager to help, and soon colleagues from the United Kingdom, Canada, Sweden and Iceland took part in the English lessons, talking about police. Our cadets were eager to learn about similarities and differences and really had a bunch of questions. Do English officers still not carry handguns? Is the distance between Icelandic police stations really 400 kilometers? Why are applicants for the Canadian RCMP tested with a polygraph? Time passes easily while the cadets never run out of questions, learning English on their way.

The cadets’ evaluation of these lessons were unanimous: ‘Please, let us repeat that every lesson’ as well as ‘it was the most interesting lesson by far’. Some of them also asked for internships. However, COVID will pass and the lessons will be held in the classroom again. But one lesson still will be a Zoom meeting with real officers from all over the world to discuss police matters. They don’t want to miss it!”

I spent 30-40 minutes on a zoom call with Andreas and his student officers explaining the role of my police force, the wider structure of policing in the United Kingdom and gave a brief overview of the differences in legal systems powers. The cadets asked me many questions and it was impressive how good their English was, alongside their knowledge of policing generally.

The call continued and the cadets were given a virtual tour of the police station, uniform, equipment and police vehicles. Further questions followed and some interesting debates were held. As usual, the main difference between us was the smaller number of armed police officers in the United Kingdom on a routine basis.

Discussions around routine arming of UK police officers centred on the terror threat, the frequency of attacks and the ever growing epidemic of knife enabled crime and violence, particularly in London.

I hope to arrange opportunities for UK policing students to take part in a similar Zoom call with colleagues across the world, as I have now seen the benefit to their enthusiasm and knowledge base.

My thanks to Andreas for such a wonderful concept and of course to colleagues in the other sections that took part in this idea to support Andreas and his students.

The IPA, as ever, provides some wonderfully unique opportunities for its members and future members!

Servo per Amikeco, stay safe & well.

Martin Turner, Vice President (Professional), IPA UK



Spendenaktion der IPA Steiermark für das Erdbeben in Kroatien

Ende Dezember 2020 ereigneten sich in Kroatien im Gebiet der Städte Sisak und Petrinja, unweit von Zagreb, mehrere starke Erdbeben mit einer Stärke zwischen 4,8 und 6,3 nach Richter sowie einige Nachbeben.



Dies hatte tragische Folgen – mehrere Menschen starben, viele wurden verletzt und die Schäden an Gebäuden waren enorm. Viele Häuser wurden aufgrund der Beschädigungen gesperrt, Familien mussten in Wohnwägen und Mobile Homes ausweichen, um ein Dach über dem Kopf zu haben.

Die örtlich zuständige IPA Regionalstelle Kroatiens sendete einen Hilferuf u. a. an die IPA Landesgruppe Steiermark, die sofort reagierte und bereit war, Spendengelder für Betroffene der IPA aufzutreiben. Dem Aufruf der Obfrau der LG Steiermark, Elke Strohmeyer, folgten alle steirischen Verbindungsstellen und so konnten innerhalb kurzer Zeit insgesamt EUR 13.500,- gesammelt werden.

Mitte Jänner 2021 reiste Oskar Strohmeyer, General a. D., für die LG Steiermark nach Kroatien, wo er an der Grenze von Deutsch sprechenden IPA-Kollegen erwartet und ins Erdbebengebiet rund um Sisak begleitet wurde.

Konkret wurden drei IPA-Mitglieder und deren Familien, mit insgesamt 7 Kindern im Alter von 1-16 Jahren besucht und unterstützt, nachdem auch ihre Häuser gesperrt worden waren.



Die Übergabe der Geschenke – Spielsachen und Schokolade für die Kinder sowie die Geldspenden für die Erwachsenen (je Familie EUR 4.500,-) – war sehr emotional, viele hatten Tränen in den Augen und bedankten sich herzlich für die große Unterstützung.

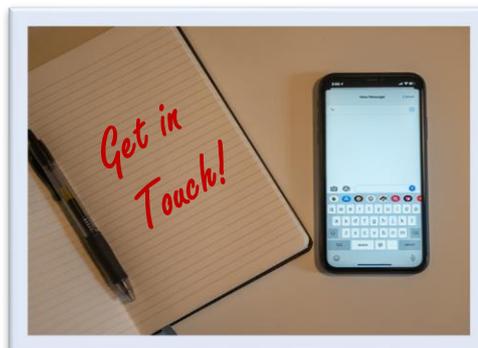
Die LG Steiermark bedankt sich bei allen steirischen Verbindungsstellen bzw. bei deren Mitgliedern für das Handeln im Sinne der IPA – Servo per Amikeco!

Kathrin Rosanits, Deputy Editor Steiermark, IPA Austria

Get in Touch – IPA Language Exchange Opportunities

Would you like to learn or improve your Spanish? We have requests from two Spanish members hoping to connect with English-speaking members and form language exchanges.

My name is Iván, and I have been a police officer in Madrid for the past 10 years. I am 34 years old, am studying English, and would like to improve my language skills. If you are interested in learning or improving your Spanish, I would be happy for you to contact me, and we could help each other. I am available to practice several days a week, both for writing or speaking. If you are interested, please contact me on: cabesi99@gmail.com



Mi nombre es Iván, soy Policía Municipal de Madrid (España), desde hace 10 años y actualmente tengo 34 años. Estoy estudiando inglés, y me gustaría mejorarlo. Si estas interesado en aprender o mejorar el español, no dudes en ponerte en contacto conmigo, y nos podremos ayudar. Podemos conocernos y mejorar mutuamente practicando uno o varios días a la semana, tanto nivel escrito como oral. Mi correo electrónico es el siguiente: cabesi99@gmail.com

Many regards - Saludos, **Iván Ramirez Roa, member IPA Spain**



My name is Oscar, I am 43 years old, married, have two children and work as a police officer in León, Spain. I am a qualified drone operator, radio operator, instructor and examiner. I have been a member of the IPA since 2008 and I am looking to contact English speaking IPA members to form a language exchange. I am available to practice by phone, email or video call and can help you to improve your Spanish. I can be contacted at: ospamario@gmail.com

Mi nombre es Oscar, tengo 43 años, estoy casado, tengo dos hijos, y trabajo como Policía en León, España. Tengo el Título de Operador de Drones, Radiofonista, Instructor y Examinador. Soy miembro de la IPA desde 2008 y estoy buscando contactar con miembros de la IPA de habla inglesa para formar un intercambio de idiomas. Estoy disponible para practicar por teléfono, correo electrónico o videollamada y puedo ayudarte a mejorar tu español. Me pueden contactar en: ospamario@gmail.com

Kind regards – Saludos, **Oscar P. Martinez, member IPA Spain**

IPA France looking forward to 3rd Friendship Meeting

Organising events during the coronavirus crisis is not easy. There is always a chance that the best-laid plans will not come to fruition, if a further Covid wave hits us all, and travel restrictions are in place.

But we decided to be optimistic and offer an event, in the hope that we will be out of this crisis by the time our meeting takes place.

We therefore went ahead and very much look forward to seeing many IPA friends from 7-12 September 2021!

We believe our 3rd Friendship Meeting in Méjannes le Clap in the Gard region in the south of France will prove as popular as our previous meetings. The surrounding area is well-suited for outdoor activities, and we plan to take full advantage of this!

Accommodation will be in bungalows in a holiday village in Méjannes le Clap, and here are just a few of the activities we have included in our programme:

- Walking or hiking in the local area with a guide
- Horse riding trip with instructions
- Visit to the Salamander Cave with an opportunity to abseil
- Excursion to the famous Ardèche Gorges, known as the 'European Grand Canyon'
- Trip to Grau-du-Roi on the Mediterranean coast, including sailing on a catamaran
- Visit to Aiges-Mortes with its well-preserved medieval city walls
- Opportunities for yoga, laser shooting, pétanque or electric bikes

Please note that some of these are optional and might incur additional costs.

The last evening will be spent raising a glass of friendship to celebrate the 5th anniversary of our 'Délégation IPA 30'.

For full information, including a programme, prices & registration form, please contact:

delegation30@ipafrance.org

We look forward to seeing you in September!

Claire Palisse, 3rd Vice President IPA France



IBZ Gimborn launch new Online Lectures and Courses

What we had feared, and so very much hoped that it would not happen, is now taking place. With the rise of infections and hospital admissions since the beginning of the winter season, people have been confined to their homes and public life once again stands still. Of course, IBZ Gimborn has also been hit by the government's measures. After reopening in May, we were able to run a number of seminars, even an international one.



But one thing at a time. Before reopening, we deliberately worked out a hygiene concept according to the instructions of the authorities. Only a restricted number of participants in the conference room was allowed. We provided a set seating plan, and everybody had to wear a mask while in the buildings. Social distancing was mandatory and the meals at the Schlosshotel had to be taken in turns if there were two seminar groups at the same time. The biggest challenge was the Turmbar. But that worked out well thanks to a glorious and long-lasting summer. Seminar groups took advantage of the garden grounds and spent long nights outside. Our caretaker Artan made sure

everything was sorted for the visitors' convenience: beer, benches, tables, blankets, a fire bowl and firewood.

It was with hesitation and apprehension, that we looked at the oncoming seminar in cooperation with the Spanish section in September 2020. The number of infections in Spain was already on the rise again at that time, and the German government required PCR tests not older than 42 hours when travelling into Germany. After much back and forth everything was sorted and the Spanish participants arrived, all of them with their negative test results. This was our last bilingual international seminar in 2020. And finally, four IPA members from Austria joined the very last seminar we were able to run in 2020 before we had to shut down again.

During lockdown, an event took place in which the IBZ played a major role as facilitator in working together with the London Policing College during their annual international Conference. May-Britt Ronnebro ran a workshop and gave a talk on the conference supported by IPA members from Ireland (Michael Walsh), Peru (Javier Gamero Kinostita), New Zealand (Simon Williams), and Professor Rick Sarre from Australia. It is IPA member and SIG member David Lewis from the UK to whom we owe this valuable cooperation.

At the end of the year vaccinations started all over Europe. Things are not running as smoothly as we all had hoped they would, and on top of it all mutations of the virus pose a new threat. We have not been idle, however, and have made use of the time. Our technical equipment and requirements have been improved and we adapted our seminar programme to the current situation. Throughout the year, there will be online lectures and courses available. International seminars include the possibility of a hybrid participation if travelling restrictions apply.

The first online lecture was on cybercrime. IBZ Gimborn was proud to host a lecture with the head of the EUROPOL cybercrime unit EC3 **Edvardas Šileris** on 24 February 2021.

This talk will be followed by two lectures on international police peace-keeping operations. We are pleased and honoured to announce two lectures by two high-profile experts in the field of international missions. **Günther Freisleben** and **Peter Heepen** have several years of experience and will give us an overview of their missions and work in the first lecture. In the second lecture, the focus will be on the individual mission participant: How to prepare, what is expected and what situations can be encountered.

**Foreign Experts in Conflict-Affected States
International Missions – How to become a part of it.**

13 March 2021, 18:00 – 19:30 CET

**Foreign Experts in Conflict-Affected States
International Mission – I've been chosen – what next?**

27 March 2021, 18:00 -19:30 CET

According to the IBZ's international alignment, and the fact that during the pandemic there has been a huge rise in numbers of domestic violence, we will also offer a talk on domestic violence in **Spanish**.

Noelia Colmenarejo, an IPA member and police officer with the policía municipal in Madrid, will talk about her new book on domestic violence. With this talk, we aim also to reach out to the huge Spanish-speaking IPA community worldwide.

23 March 2021, 18:00 – 19:30 CET



There are further ideas and plans with the Vice-president of Section Spain, **Antonio Gomez Montejano**, and the writers group. A language course, Spanish for beginners, will be on offer and the Polish section provided a podcast that will run on our social media channels.

Despite all of this, we are waiting like everybody else for the time after Corona. A time without social distancing, when Gimborn visitors can put their heads together in group work, go together to the gym for a workout, and spend long evenings in the Turmbar with conversations, laughter and singing.

Further information can be found at: www.ibz-gimborn.de.

Ulrike Neuhoff, IBZ Gimborn, in charge of educational speakers

ON THE TABLE OF THE IEB

EMERGENCY AID APPEAL Earthquake - Croatia

The city of Zagreb saw significant damage following a devastating earthquake in March 2020. On 29 December 2020, a further earthquake struck, hitting the city of Zagreb once more, which resulted in additional material damage, but this time the earthquake caused devastation in the towns of Petrinja, Sisak, Glina and many other places in the Sisak-Moslavina county. The centres of these urban areas were completely destroyed.

Enormous material damage was caused, and unfortunately lives were lost, including children. Many residents were injured, among them two police officers. The earthquake also damaged the property of IPA members and police officers.

IPA Croatia, in accordance with the IPA procedure for emergency aid, sent an appeal for help to the International Executive Board (IEB) of the IPA.

The IEB has decided to support Section IPA Croatia with:

- **An EMERGENCY AID APPEAL**, with an official IPA call for help for financial support, to be circulated to all IPA sections,
- **IMMEDIATE EMERGENCY AID** with direct financial help amounting to € 6.500 from the IEB for the affected Section Croatia.



Anyone wishing to provide assistance can send their donations to the Emergency Aid Account of Section Croatia:

Emergency Aid Account:	Account name:	IPA Sekcija Hrvatska
	Name of the bank:	Zagrebačka banka d.d.
	Full postal address of the bank:	Trg bana Josipa Jelačića 10, 10000 Zagreb, Croatia
	Account number:	HR28 2360 0001 1016 7174 0
	BIC:	ZABAHR2X
	IBAN:	HR28 2360 0001 1016 7174 0

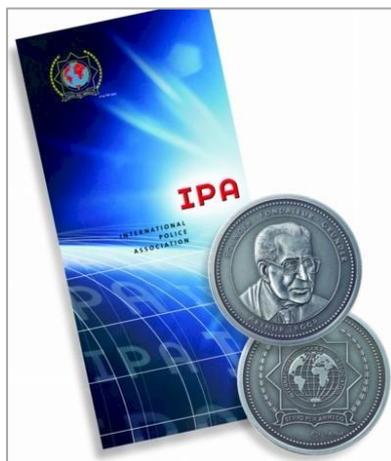
Thank you in advance for your generosity.

Martin Hoffmann, Treasurer Social Affairs

Reminder: Arthur Troop Scholarship 2022

The awards for the Arthur Troop Scholarship (ATS) were announced in the November IPA Newsletter. Congratulations once more to all awardees.

If you would like to apply for the ATS 2022, please note that the deadline is approaching fast: **please apply by 31 March 2021**.



Applications for this annual award are welcome from IPA members worldwide.

Each scholarship consists of a bursary of up to 2500 €, to be used for a seminar at the International Conference Centre IBZ Schloss Gimborn, or at a comparable institution, and careful consideration is given that preferably at least one award each year is granted to each continent.

Applicants must have been an IPA member for at least 3 years before applying, and the scholarship must be taken between 1 January and 31 December of the year following the awarding of the scholarship.

Arthur Troop Scholarships may be awarded to any IPA member active in a law enforcement role, but are predominantly targeted at our younger members.

Applicants are required to submit the ATS Application Form setting out their reasons to support their selection.

To apply, please follow the link: <https://forms.gle/ATS Online Application Form>

The International Administration Centre (IAC) will contact the relevant national sections for confirmation of IPA membership of the applicants after receiving the electronic applications.

The Chairperson of the Professional Commission (PC) and the ATS Coordinator Jan-Tore Hagnes will thereafter process the applications. After the assessment by the PC and the decision of the IEB, awardees for 2022 will be announced during the IPA World Congress in Spain in October 2021.

The Arthur Troop Scholarship Application Form, as well as the accompanying procedure providing more details, can also be found on the international website at:

<https://www.ipa-international.org/Arthur-Troop-Scholarship>.

We are looking forward to your applications – the Arthur Troop Scholarship is an opportunity not to be missed!

Demetris Demetriou, Chairperson of the Professional Commission

Jan Tore Hagnes, Arthur Troop Scholarship Coordinator

1st IPA World Class Policing Award postponed to 2022

Given the global pandemic, plus its associated travel restrictions, the IPA World Class Policing Award (IPA WCPA) will be postponed until 2022, to open the possibility for every finalist to be present at the gala evening.

Although it is without doubt disappointing to postpone the very first IPA WCPA, I am convinced that the value of having the award presented live on stage, and to be recognised in the presence of international policing representatives, is the core value for the finalists.

Please note that all those who have already entered for the 2021 award will automatically have their nomination carried forward to next year.



We are looking forward to launching the IPA World Class Policing Awards 2022 early next year in the IPA Newsletter.

In the meantime, please identify suitable nominees.



The IPA WCPA may be awarded to any individual or organisation for a special and lasting contribution to police research or successful police cross-border operation in crime prevention, matters of Human Rights or the preservation of World Peace.

For additional information on the postponement of the World Class Policing Awards and preparations for 2022, please visit:

<https://policinginsight.com/news/world-class-policing-awards-postponed-to-2022/>

May-Britt V. R. Ronnebro, Secretary General

IPA Virtual Race Week – United all over the World!

Dear friends,

The Socio-Cultural Commission is very happy to announce the results of the 1st IPA Virtual Race Week.

This initiative received a huge response from IPA members around the world, with 330 runners from 40 sections registering!



We can easily say that the IPA Virtual Race Week became a global celebration. Around the world, people of all ages took part, proudly displaying the IPA logo. They raced in different conditions, in cities, mountains, beaches, even... on treadmills, men, women, children, family members, younger and older ones, as well as... pets 😊. They raced in the heat, cold, rain or snow, all of them highlighting the principles and values of our Association: friendship, solidarity, humanism, unity, universality, volunteerism! We are pleased to announce that the success means we will endeavour to organise an IPA Virtual Race Week on an annual basis!

Full results will be circulated to all IPA sections and will also be published on the IPA website, but I am pleased to share now the top 3 male and female runners in the 5K and 10K races – Congratulations – your medals will be sent to you soon!

5 km Race (women)			5 km Race (men)		
Naoise O'Donnell	Ireland	0:16:26	Brian O'Donnell	Ireland	0:15:37
Radmila Maksimovic	Croatia	0:18:33	Avraamis Avraam	Cyprus	0:16:42
Joanna Wozniak Cieslar	Poland	0:21:53	Nelson Serio	Portugal	0:17:08

10 km Race (women)			10 km Race (men)		
Naoise O'Donnell	Ireland	0:36:29	Avraamis Avram	Cyprus	0:32:29
Radmila Maksimovic	Croatia	0:38:58	Renato Certić	Croatia	0:33:28
Jonna Öblom	Finland	0:42:54	Dimitrios Dritsakos	Greece	0:34:36

At a particularly difficult time for the global community, we were able to give our members and friends a little glimmer of sunshine, conveying a message of optimism. Of course, we all look forward to meeting face-to-face soon, with many athletes participating in the IPA GAMES, which, hopefully will be staged in the autumn in Montenegro.



I would like to take this opportunity to thank:

- The members of SCC who worked hard for the perfect organisation of this event, with a particular mention of Christos Parginos in charge of sports,
- All IPA Sections that embraced our effort,
- And of course the hundreds of our members around the world who participated, in many cases defying very bad weather conditions. Congratulations to you all for your enthusiasm – each runner will receive a certificate of participation shortly!



Christos Parginos in action 😊



A video of the IPA Virtual Race Week will be shared soon, as well as photo material. Therefore please subscribe to our YouTube channel: <https://www.youtube.com/channel/UC-jyACnsVnIWW7eQG-dhOJQ> or scan the QR CODE and be amongst the first watch the upcoming video with many participants' photos and videos!



Servo per Amikeco,
Kyriakos Karkalis, Vice President & Chairperson Socio-Cultural Commission

LAST WORD

Towards the middle of this month, all of us at the IAC will have worked from home for an entire year, and at the moment we are still in a reasonably strict lockdown in the UK.

There is light at the end of the tunnel, however, with now more than 20 million people in the country immunised with their first dose, which represents well over 30% of the entire population. All of us are looking forward to the anticipated end of lockdown date of 21 June – after 12 months, another 3 ½ don't seem all that long, especially with the warmer weather and longer days coming up. So, we are quietly optimistic to be able to return to the IAC office on a regular basis by early summer.



So that I don't forget what the Arthur Troop House looks like, I cycle to West Bridgford every now and again – a nice hour's round trip along the river and canal, with a quick stop at the IAC. Hopefully, some of you will be able to visit us and have a look around before the end of the year 😊.

Elke

